

NEW GOA



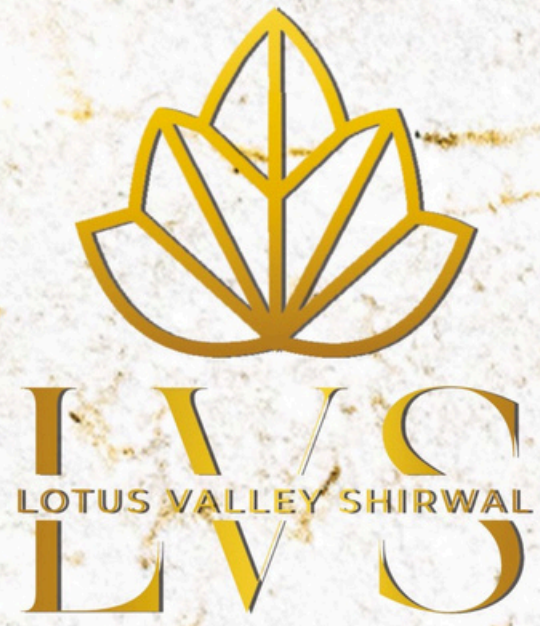
LVGS
LOTUS VALLEY SHIRWAL
LVGS



HEALING BY NATURE, BACKED BY HIIMS EXPERTISE

In partnership with HIIMS Chandigarh, we offer Ayurvedic and nature-based treatments tailored to individual needs. Our medical facilities are equipped to provide comprehensive care in a serene environment, promoting holistic healing.





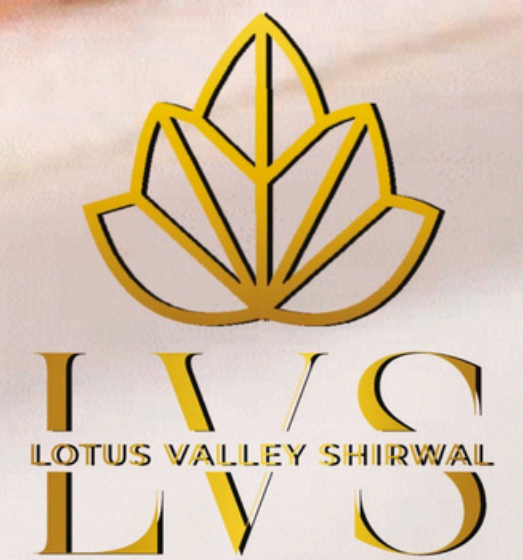
LIVE IN LUXURY, HEAL IN HARMONY

Our accommodations blend comfort with elegance. Choose from lake-facing villas, cozy cottages, Or premium suites, each designed to provide A restful and rejuvenating stay amidst nature.



ANCIENT SCIENCE, MODERN WELLNESS RETREAT.

Experience traditional Ayurvedic treatments like Panchakarma, Abhyanga, and Shirodhara, Administered by skilled practitioners to restore balance and vitality.





BREATHE DEEP

DISCOVER YOUR INNER CALM

Engage in Daily yoga sessions and guided
Meditations in our open-air pavilions,
Designed to harmonize your body, mind,
and spirit.



THRILL MEETS TRANQUILITY BY THE LAKE



Enjoy kayaking, paddle boating, and serene lake tours. Our water activities offer both excitement and relaxation amidst picturesque surroundings.



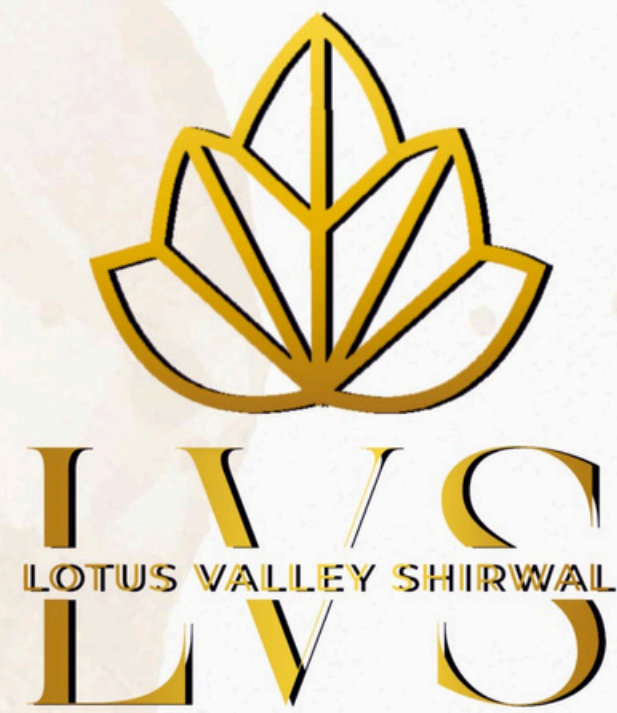
PLAY, UNWIND, REPEAT. INSIDE OUR ARENA.

Our indoor recreation center
features billiards, Table tennis,
board games, and more,
Ensuring entertainment for all ages.

STAY FIT IN THE LAP OF GREEN LUXURY.



Maintain your fitness routine with our outdoor gym, Jogging trails, and sports courts, all set against the backdrop of lush greenery.

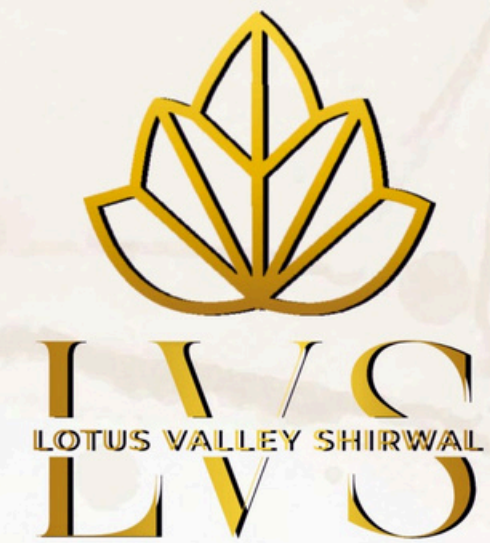


EAT CLEAN, LIVE GREEN, HEAL BETTER

Savor farm-to-table meals
crafted from organic ingredients.

Our culinary offerings are
designed to nourish your body and
delight your palate.

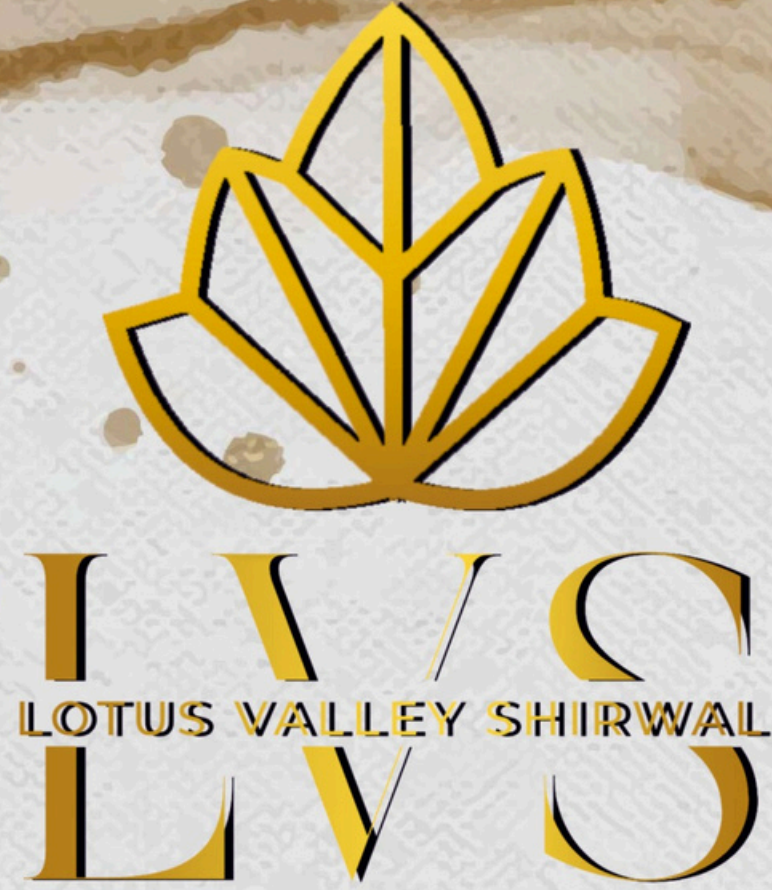




**WANDER THROUGH NATURE'S
PHARMACY, WHERE EVERY LEAF HEALS.**

Indulge in farm-fresh cuisine
made from handpicked organic treasures.
Each dish is a celebration of health,
flavor, and the earth's natural
bounty.





Reclaim your energy. Reset your life.

Our tailored detox programs aim to cleanse your body and revitalize your spirit, Combining dietary plans, therapies, And mindfulness practices.





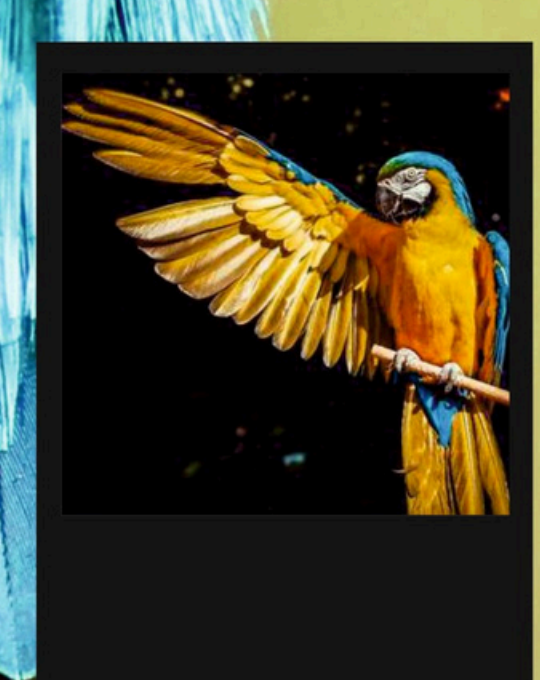
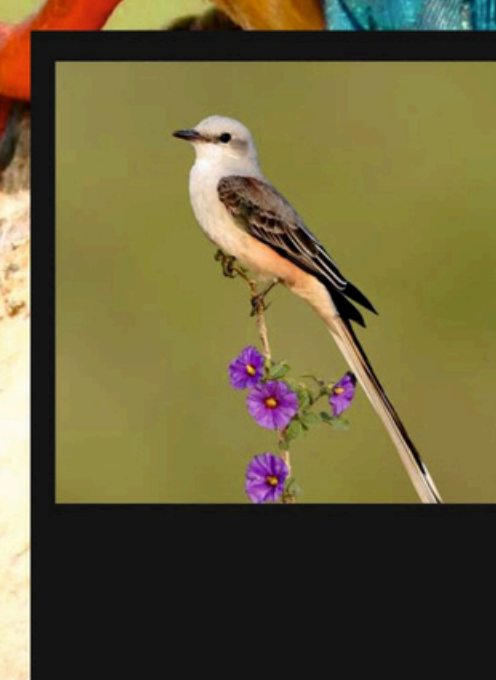
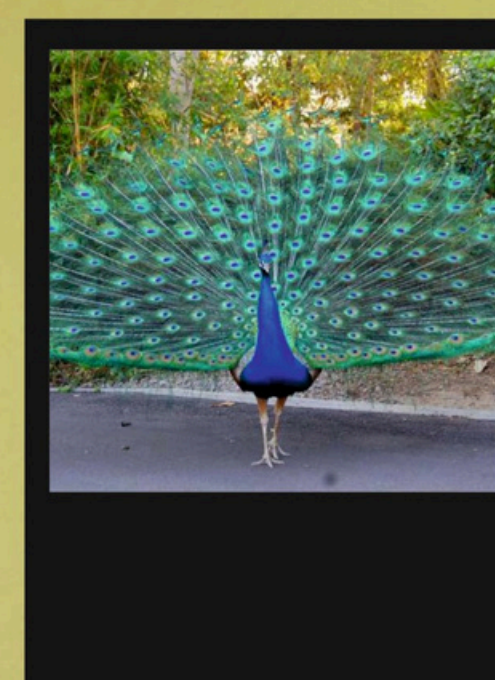
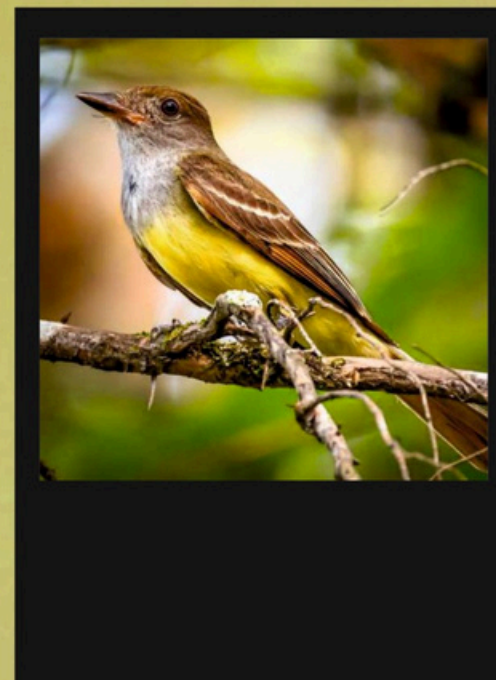
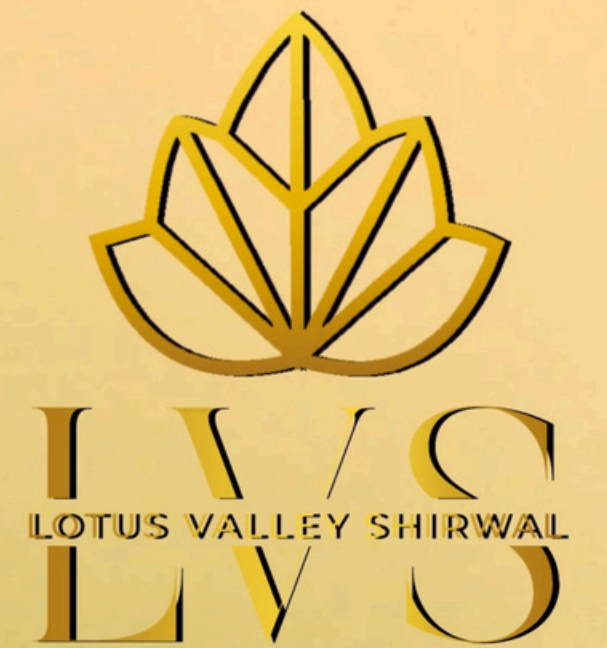
Step Into Stillness With Every Walk

Immerse yourself in nature with
guided walks And trekking trails that
offer both adventure
And tranquility.



MUSIC TO YOUR EARS

Replace your digital alarm to that of the
twittering of exotic birds and soothing
breeze with the breathtaking views
of the nature at it's best.





WELLNESS ESCAPES FOR THE MODERN SOUL.

Short on time? Our weekend packages
provide a quick yet comprehensive
wellness experience, perfect
for rejuvenation.



INDULGE IN TRANQUILITY ONE MASSAGE AT A TIME.

Our spa offers a range of treatments
designed To relax and rejuvenate,
from massages To beauty
therapies, all in a luxurious setting.



HOST RETREATS WITH
A PURPOSE IN PARADISE.

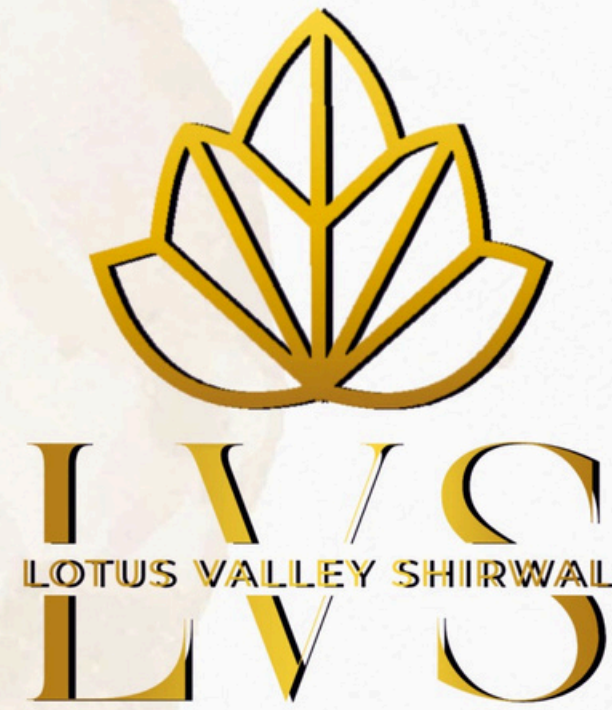
Our facilities are ideal for hosting wellness
retreats, Corporate events, destination
weddings And special occasions, providing
a serene And inspiring
environment.





The LOTUS VALLEY

The Lotus Valley will be one of the most popular theme based shopping getaways in New Goa, where music, food, fun, water sports and festivities converge in one place. Extending over the area, this ethnic marketplace will be a symbol of the lifestyle and culture. It will be carved as the top spot for being the most visited destination by tourists as it will present a vivid world of cultural & adventure activities, art & craft, nature, holistic healing and cuisine. It will invoke the vibe of a traditional village fair and a heaven for foodies and shopaholics by offering a wide range of traditional art and craft products including theme based souvenirs.



TINY FEET, BIG SMILES GROWING NATURALLY

Children can enjoy wellness activities tailored for them, including yoga, nature exploration, and creative workshops.





HEAL YOUR SOUL WITH COLORS AND CREATIVITY

Engage in art therapy sessions
that Promote emotional
well-being through Painting, music,
and other creative outlets.



WELLNESS THAT CARES FOR YOU AND THE EARTH

Our commitment to sustainability
includes eco-friendly practices
like solar energy use, waste reduction,
and organic farming.



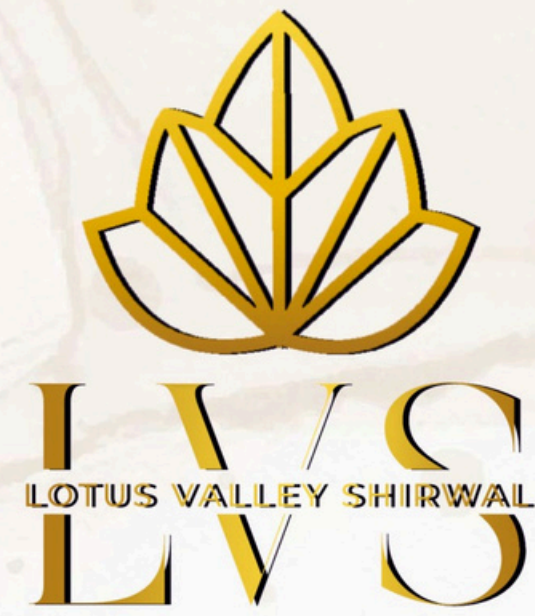


LVS
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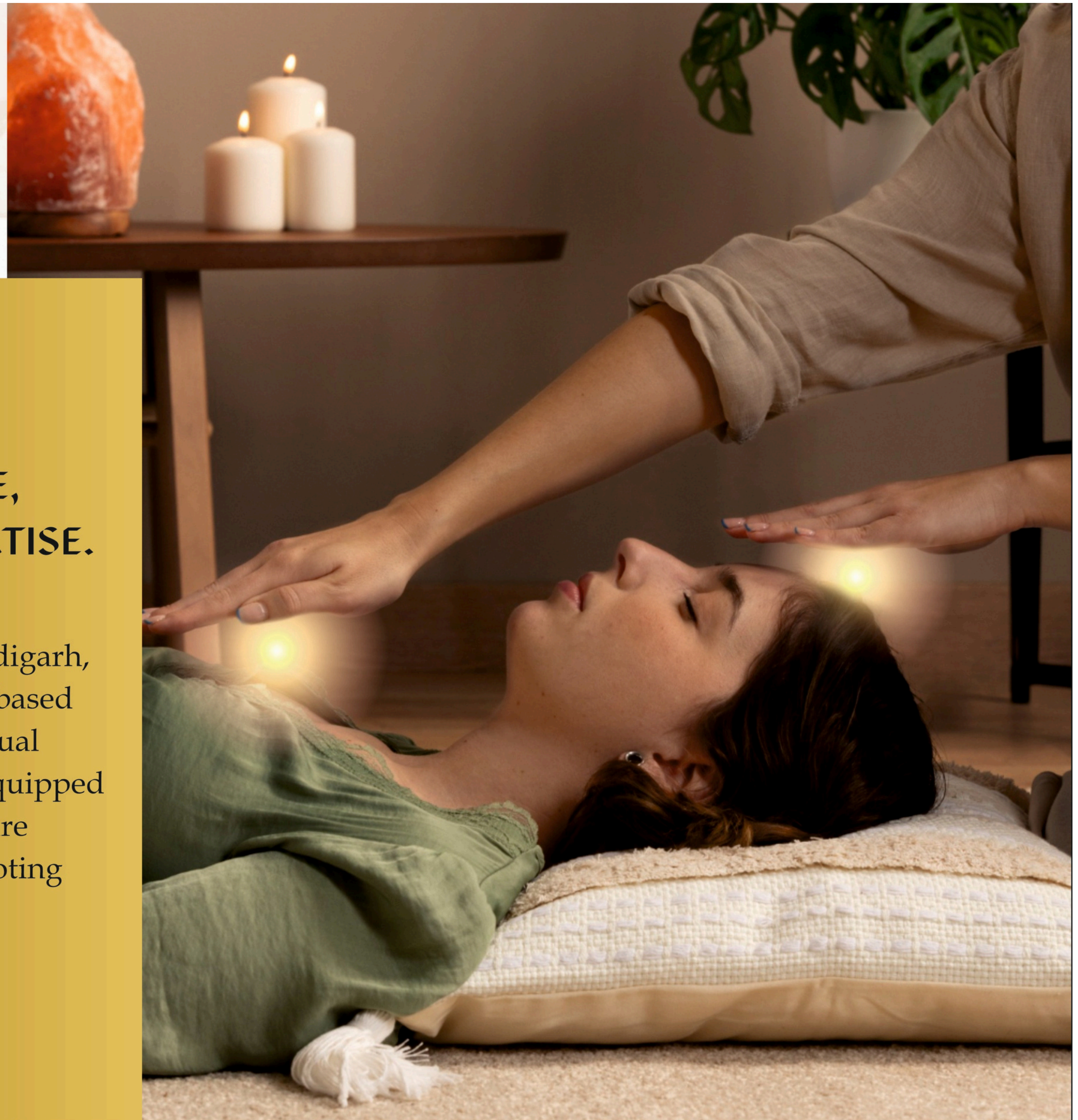
INVEST IN WELLNESS. OWN A PIECE OF PARADISE

Become a part of The Lotus Valley community through our membership and investment programs, offering exclusive benefits and returns.



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Pioneering modern drugless treatment in India.
Specializing in Naturopathy and Yoga.

WELLNESS RETREAT & RESORT



DRUGLESS

ORGANIC

UNWIND REJUVENATE RELAXE

PREVENTION AND CURE OF

CHRONIC DISEASES

DETOXIFICATION

The Lotus Valley your search is over now!

We offer— mental, physical, spiritual, social and lifestyle as well as complete health and wellness solutions under one roof.

Our premium Ayurveda, Yoga and Naturopathy retreat meet international standards and are customised to cater to your individual needs.



YOG

An ancient art that connects life.

Learn to control your body as well as your mind
Balance all the elements, infuse peace, harmony
and tranquility in yourself.



Panchakarma— Detoxification Programme

Five methods of body purification

Purgation or eliminations of toxins

Ultimate body prana mind healing experience

Restoring balance and well being.

The Lotus Valley

Cleanse in a peaceful and restful environment,

Daily yoga classes

Monitored by Ayurvedic Physicians

Personalized treatments

Herbal medicines and oils used

A full health check-up with blood profile

Unique and customized





A NATUROPATHY RESORT BECKONING YOU FOR ALL THE RIGHT REASONS

If you are looking for long term cures, natural and organic health
solutions and freedom from synthetic, temporary relief from

Thyroid

Obesity

Diabetes

Gastric

Hypertention

our nature cure center is your last stop.



AYURVEDA

Ayurvedic massages

Personalized attention

Customized to suit all

Traditional medicines with zero side effects

Restores balance of the body and mind

Well experienced staff

Natural Surroundings





Our Site Plan





BEGIN YOUR WELLNESS JOURNEY TODAY

Ready to transform your life? Contact us to book your stay or learn more about our offerings.

SCAN ME



VISIT WEBSITE

Channel Partner: Assotech Business Cresterra
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Mob no: +919811411473



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